FOURTH STEP INVENTORY
PART III: SEX

1. Fill in column 1 top to bottom first; listing all those I have hurt.
2. Fill in column 2 top to bottom next. The Big Book understands sex as a God given human instinct. If it used for other than reproduction or pleasure, it is being misused. Often we use sex to fulfill needs related to the other instincts (social, security). This is where we explore those instances.
3. Place checkmarks as appropriate under "Where was I wrong?"
4. Fill in section 4 top to bottom.
5. Use this prayer from p. 69 of the Big Book:

God, please mold my ideals and help me live up to them. Give me the strength to do the right thing. (Ask God what we should do about each specific situation.)

1. Who have I hurt?	2. What did I do?	3. Where was I wrong?	Selfish	Dishonest	Inconsiderate	Frightened	4. What should I have done instead?

xamples for question 2: Did I arouse jealousy, suspicion, or bitterness? Which instinct was involved (Social Relations [self-esteem, personal relations], Security [financial, motional])?